Rater:	Date of Rating:	
School:	Cohort (Group):	Facilitators:
90 = Excellent. All ke 80 = Very good. All k 70 = Good. Most key 60 = Fair. One key cor 50 = Mediocre. The m 40 = Minimal adheren 30 = Poor. The majori 20 = Very poor. Mater	y concepts and almost all material ey concepts were presented but so concepts of the section were presencept was not presented (70%). aajority of key concepts were pres	sented but significant gaps (60%). were presented but poorly (50%). resented (<50%).
Rating Segmen	nt/Content	
= Welcome and	l Overview	
= Confidentiali	ty	
= Making Conr	nections	
= Triangle of fe	eelings, thoughts, and actions	
= Changing Th	inking	
= Changing Do	ing	
= Benefits		
= Home Exerci	ses	

Rater:	Date of Rating:
School:	Cohort (Group): Facilitators:
90 = Excellent. All ke 80 = Very good. All k 70 = Good. Most key 60 = Fair. One key co 50 = Mediocre. The m 40 = Minimal adheren 30 = Poor. The majori 20 = Very poor. Mate	tely all material in the section was presented exactly as written (100%). y concepts and almost all material in the section were presented (95%). ey concepts were presented but some supporting material skipped (90%). concepts of the section were presented (80%). ncept was not presented (70%). ajority of key concepts were presented but significant gaps (60%). ce. The majority of key concepts were presented but poorly (50%). ty of the key concepts were not presented (<50%). rial of this section was mentioned only very briefly (10%). ne section was skipped entirely.
Rating Segment	nt/Content
= Review and 0	Check in
= Changing thi	nking (Thinking more positively)
= Changing thi	nking (What's the alternative?)
= Changing do	ng (Rewards)
= Home Exerci	ses

Rater:	Date of Rating:	
School:	Cohort (Group): Facilitators:	
90 = Excellent. All ke 80 = Very good. All k 70 = Good. Most key 60 = Fair. One key cor 50 = Mediocre. The m 40 = Minimal adheren 30 = Poor. The majori 20 = Very poor. Mater	tely all material in the section was presented exactly as written (100%). y concepts and almost all material in the section were presented (95%). ey concepts were presented but some supporting material skipped (90%). concepts of the section were presented (80%). ncept was not presented (70%). najority of key concepts were presented but significant gaps (60%). ee. The majority of key concepts were presented but poorly (50%). ty of the key concepts were not presented (<50%). rial of this section was mentioned only very briefly (10%). he section was skipped entirely.	
Rating Segmen	nt/Content	
= Review and 0	Check in	
= Changing thin	nking (Where's the Evidence?)	
= Changing doi	ing (complete contract)	
= Benefits		
= Home Exercises		

Rater:	Date of Rating:		
School:	Cohort (Group):	Facilitators:	
100 = Perfect! Absolutely all material in the section was presented exactly as written (100%). 90 = Excellent. All key concepts and almost all material in the section were presented (95%). 80 = Very good. All key concepts were presented but some supporting material skipped (90%). 70 = Good. Most key concepts of the section were presented (80%). 60 = Fair. One key concept was not presented (70%). 50 = Mediocre. The majority of key concepts were presented but significant gaps (60%). 40 = Minimal adherence. The majority of key concepts were presented but poorly (50%). 30 = Poor. The majority of the key concepts were not presented (<50%). 20 = Very poor. Material of this section was mentioned only very briefly (10%). 10 = No adherence. The section was skipped entirely.			
Rating Segment/Content			
= Review and Check in			
= Changing thinking (What	if it's true?)		
= Changing doing (New wa	ys of coping)		
= Home Exercises			

Rater:	Date of Ra	ting:		
School:	Cohort (Group):	Facilitators:		
90 = Excellent. All ke 80 = Very good. All ke 70 = Good. Most key 60 = Fair. One key co 50 = Mediocre. The m 40 = Minimal adherer 30 = Poor. The major 20 = Very poor. Mate	y concepts and almost all material ey concepts were presented but so concepts of the section were presencept was not presented (70%). najority of key concepts were presented expressions.	ented but significant gaps (60%). were presented but poorly (50%). resented (<50%).		
Rating Segme	nt/Content			
= Review and 0	Check in			
= Changing thi	nking (Planning Ahead and Daily	Hassles)		
= Changing do	ing (Future Fun)			
= Rewards				
= Benefits				
= Home Exerc	= Home Exercises			

Rater:	Date of Rating:
School:	Cohort (Group): Facilitators:
90 = Excellent. All ke 80 = Very good. All ke 70 = Good. Most key 60 = Fair. One key co 50 = Mediocre. The m 40 = Minimal adherer 30 = Poor. The major 20 = Very poor. Mate	ely all material in the section was presented exactly as written (100%). It concepts and almost all material in the section were presented (95%). It concepts were presented but some supporting material skipped (90%). It concepts of the section were presented (80%). It compares the section were presented but significant gaps (60%). It is a section were presented but significant gaps (60%). It is a section was mentioned only very briefly (10%). It is a section was skipped entirely.
Rating Segme	t/Content
= Review and 0	heck in
= Changing thi	king (Planning Ahead and Major Life Events)
= Changing do	ng (Planning future fun)
= Hopes and G	al Review
= Summary rev	ew and statements