

Positive Action Student Survey (Grades 6-12).

We are going to complete a survey today. It is like a test, but it is NOT a test. We are interested in how you feel and what you think, not what you know.

We want you to do this survey because we think that you can help us make better school programs.

We are trying to learn more about how you and your classmates feel about yourselves and school. We also are interested in what you think about things like fighting or helping someone.

The survey will take up to half an hour. Your answers will always be confidential.

Some of the questions may make you a little uncomfortable. We hope they don't, but you can skip any question you don't want to answer.

Your answers are confidential.

- 1. School Name/ID: ______
- 2. Classroom number/ID: _____
- 3. Grade: ____
- 4. Student ID#:____
- 5. Pretest₁ or Posttest₂? *
- 6. Age*:

7	\bigcirc
8	\bigcirc
9	\bigcirc
10	\bigcirc
11	\bigcirc
12	\bigcirc
13	\bigcirc
14	\bigcirc
15	\bigcirc
16	\bigcirc
17	\bigcirc
18	0

7. Race/Ethnicity* : (Please choose one answer)

Hispanic/Latino	0
Black/African-American	0
White	0
American Indian/Alaska Native	\bigcirc
Asian	\bigcirc
Native Hawaiian and Other Pacific Islander	0
Multiracial	0
Other	0

8. Are you a* : (Please choose one answer)

Girl	0
Воу	\bigcirc
Other	\bigcirc
Transgender	Ο
Choose not to answer	\bigcirc

How much of the time do you do these things?

	Never	Some of the time	Most of the time	All of the time	Choose not to answer
1. I eat healthy food every day*	\bigcirc	\cap	\cap	\bigcirc	
 I lose control of my anger when I have an argument with others* 	Ŏ	Ŏ	Ŏ	Ŏ	Ŏ
3. I try to be a good friend to others*	0	0	0	0	0
4. I like to exercise *	0	0	0	0	0
5. I can control my feelings*	0	0	0	0	0
I don't like to learn new things*	0	0	0	0	0
I manage my time wisely*	0	0	0	0	0
 I set goals for myself (make plans for the future) * 	0	0	0	0	0
9. I don't take care of my belongings*	0	0	0	0	0
10. I feel good about myself when I do good things*	Ō	Ō	Ō	Ō	Ō
11. I feel like I don't belong in this school*	0	0	0	0	\bigcirc
12. I keep promises I make to others*	Ŏ	Ŏ	Ŏ	Ŏ	Ŏ
13. I worry about something bad happening to me*	Õ	Õ	Õ	Õ	Õ
14. I feel sorry for kids who can't find anyone to hang out with*	Õ	Õ	Õ	Ō	Õ
15. I help someone who is hurt or sad*	0	0	0	0	0
16. I tease other kids at my school *	Ō	Ō	Ō	Ō	Ō
17. I admit my mistakes when I do something wrong*	0	0	0	0	0
18. I have as many close friends as I would like to have*	0	0	0	0	0
19. I drink soda pop every day*	0	0	0	0	0
20. I pay attention and try to do well in class*	Ō	Ō	Ō	Õ	Õ
21. When I know someone feels sad, I feel sad too*	Ō	Ō	Ō	Ô	Ō
22. I push, shove, or hit other kids at my school *	0	0	0	0	0

How much of the time do you do these things?

How much of the time do you do these things?	Never	Some	Most	All of	Choose
		of the time	of the time	the time	not to answer
23. I like my teachers*	\bigcirc	\cap	\bigcirc	\bigcirc	
24. I believe that there is always a positive way to	ŏ	Ŏ	ŏ	ŏ	Ŏ
do everything*				\cup	
25. I worry a lot when I go to bed at night*	\bigcirc	\bigcirc	\bigcirc	\bigcirc	0
26. I eat junk food every day*	Ŏ	Ŏ	Ŏ	Ŏ	Ŏ
27. I try to make myself a better person*	Ŏ	Ŏ	Ŏ	Ŏ	Ŏ
28. I have tried someone else's prescription	Ŏ	Ŏ	Ŏ	Ŏ	Ŏ
medicine/drugs*	U	U	U	Ŭ	0
29. I have tried some other drugs, sometimes	0	0	0	0	0
without knowing what they are*	_	_	_		_
30. I treat others the way I like to be treated *	0	\bigcirc	0	\bigcirc	0
31. I feel good about how well I get along with	0	0	0	0	0
other kids*					
32. I cheer up other kids*	0	0	0	0	0
33. I am not nice to others who are different from	Ο	0	0	0	0
me*	_	-	-	_	-
34. I can adapt to change*	0	0	0	0	0
35. I brush my teeth twice a day*	0	0	Q	0	0
36. Some things have hurt me (physically or	0	0	0	0	0
emotionally) so much I don't want to					
remember them*					
37. I am as well liked by other kids as I want to be*	Q	Q	<u> </u>	Q	<u> </u>
38. I help someone who is being picked on*	Q	Q	<u> </u>	Q	<u> </u>
39. Nobody understands me very well*	\bigcirc	\underline{O}	\bigcup	\bigcirc	\bigcup
40. When things look hopeless, I don't give up*	Q	Q	\bigcirc	Q	Q
41. I get sent home from school for bad behavior*	<u> </u>			\bigcirc	
42. I blame others when I make a mistake*	<u> </u>			<u> </u>	
43. I keep trying at something until I succeed*	<u> </u>	<u> </u>		\mathbf{Q}	
44. I feel confident that I can make good decisions*	<u> </u>	<u> </u>		<u> </u>	
45. Some things happen to me that are so bad that I can't talk about them *	O	O	O	O	O
46. I pick physical fights with other kids at my	\cap	\cap	\cap	\bigcirc	\bigcirc
school*	U	U	\cup	\cup	U
47. I feel bad about myself when I do bad things*	\cap	\cap	\cap	\cap	\cap
48. I cheer up other kids when they are feeling sad*	$\overline{0}$	\mathbf{X}	$\left \right\rangle$	$\left \right\rangle$	$\left \begin{array}{c} \\ \\ \\ \end{array} \right $
49. When I am mean to someone, I feel bad about	X	\mathbf{X}	$\left \right\rangle$	$\left \right\rangle$	$\overline{\mathbf{a}}$
it later*				\cup	
50. I am loud and make so much noise at school	\bigcirc	\bigcirc	0	\bigcirc	0
that I get into trouble*					
51. Nothing is fun anymore*	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\cap
52. Bad things have happened around me that	ŏ	ŏ	ŏ	ŏ	ŏ
make me unhappy*					
53. I can't deal with hard times*	0	0	0	0	0
54. I am good at solving problems*	Ŏ	Ŏ	Ŏ	Ŏ	Ŏ
55. I cover my nose and mouth when I sneeze and	Ō	Ō	Ō	Ō	Ō
cough*		-		-	
How much of the time do you do these things?					

How much of the time do you do these things?

	Never	Some of the time	Most of the time	All of the time	Choose not to answer
56. I have tried tobacco (e.g., smoking a cigarette, chewing tobacco, vaping) *	0	0	0	0	0
57. I have tried drinking some alcohol (e.g., beer, wine or liquor) *	0	0	0	0	0
58. I have tried marijuana*	0	0	0	0	0
59. I set goals and work towards them. *	0	0	0	0	0

While doing this survey, how much of the time were the following true for you?

	Never	Some	Most	All of
		of the	of the	the
		time	time	time
60. You liked answering the questions on the	0	0	0	0
survey				
61. You told the truth answering the questions on	0	0	0	0
this survey				

During this school year, you had the *Positive Action* program in your class/school.

- 62. During this school year, how much of the time DURING MOST WEEKS did you participate in lessons from the *Positive Action* program? *
 NEVER SOME OF THE TIME MOST OF THE TIME ALL OF THE TIME
- 63. Overall, how much of the time did you ENJOY *Positive Action*? * NEVER SOME OF THE TIME MOST OF THE TIME ALL OF THE TIME
- 64. How often do you intend to use what you learned from *Positive Action* in your daily life?* NEVER SOME OF THE TIME MOST OF THE TIME ALL OF THE TIME
- 65. How often do you intend to use what you learned in *Positive Action* in your future? * NEVER SOME OF THE TIME MOST OF THE TIME ALL OF THE TIME

66. Overall, what grade would you give yourself for how well you learned the main ideas and skills from all of the *Positive Action* classes?*

A B C D F

Thank you for your participation!